## Help and Support for Moms, Babies, and Families

Whether you're newly pregnant or a veteran mom, we understand that your role as a mom can sometimes feel overwhelming — especially if you're dealing with life circumstances that make it even harder. We want every mom to know that Catholic Charities of Southeast Michigan (CCSEM) is here for you!

We are dedicated to helping the moms in our community in any way we can. We constantly create new programs and partnerships to help throughout your motherhood journey. Being a mom is the most challenging (and rewarding) job in the world. We aim to make that journey a bit easier for moms by providing them with the resources they need and supporting moms who are scared, doubtful, dealing with depression, feeling alone, struggling financially, and conflicted.

Catholic Charities of Southeast Michigan takes motherhood seriously, and we offer the programs and services to help moms and babies full circle. We provide many ways to lift mom, baby, and families when the load seems too heavy -

Through *Project Hope*, we provide *material assistance*, *support*, and *guidance* to navigate the services available to mothers and families –

With the help and support of the Catholic Council of Women *Operation Layette* constructs and bundles layette kits with *essentials* for new babies –

A nurturing substance treatment program, *Women's Speciality Services*, helps moms *develop* a foundation for today so they can nurture their bundle of joy tomorrow –

Our *Counseling* services provide professionally trained staff who are ready to *listen and comfort* -

Through Adoption we build families -

Through *Foster Care*, we *mend* families -

Our Food Pantries provide nourishment -

Our Clothing Closets provide dignity -

Walking with Moms in Need (WWMIN) equips all parishes with the resources they need to provide help and hope to every mother -

