



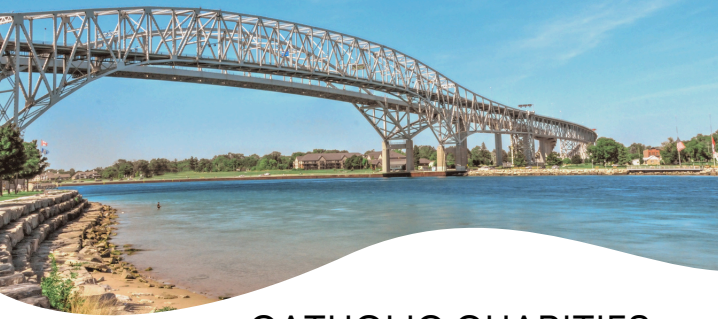
CATHOLIC  
CHARITIES  
COUNSELING SERVICES  
SERVING ST. CLAIR COUNTY

## WE PROVIDE

Mental Health and  
Substance Abuse Counseling,  
and Support Services for Families,  
Adults, and Children

Counseling services can help individuals change ideas, behaviors, and relationships that are painful or destructive and help promote positive mental, spiritual, physical, and emotional well-being. Counseling services are responsive to the unique strengths and weaknesses of each family and individual situation. The purpose of counseling is to promote growth, insight, and autonomy within constraints of the person's needs and abilities.





## CATHOLIC CHARITIES THERAPISTS CAN HELP WITH:

- Abusive Behaviors
- Addictive Behaviors
- Anger Management
- Anxiety
- Caregiver Stress
- Childhood/ Adolescent Challenges
- Depression
- Domestic Violence
- Driver's License Reinstatement
- Family Therapy
- Grief and Loss
- Older Adult Counseling
- Obsessive Compulsive Disorder
- Post Traumatic Stress
- Pre-Marriage
- Relationship Conflicts
- Self-Injury
- Stress Management
- Substance Abuse
- Veteran's Issues



2601 13th Street  
Port Huron, MI 48060  
**Office Hours:**  
Mon & Wed 8:30 am – 8:30 pm  
Tues & Thurs 8:30 am – 6:00 pm  
Fri 8:30 am – 4:00 pm  
Saturday by appointment  
**(810) 987-9100**

[CCSEM.ORG/COUNSELING](http://CCSEM.ORG/COUNSELING)